

Chintu - Oh it's so early.  
I think I'll sleep a little longer.



Cuckoo - Hey! Wake up.  
Play with me!



Chintu - Wait, I will get up and play with you.  
But first I will say the Navkar Mantra.



Sing this poem about getting up early in the morning:

### **Get Up Early**

Tick, tock, tick, tock  
Sings the happy clock,

Get up now, its early morning,  
Soon the sun will be shining,

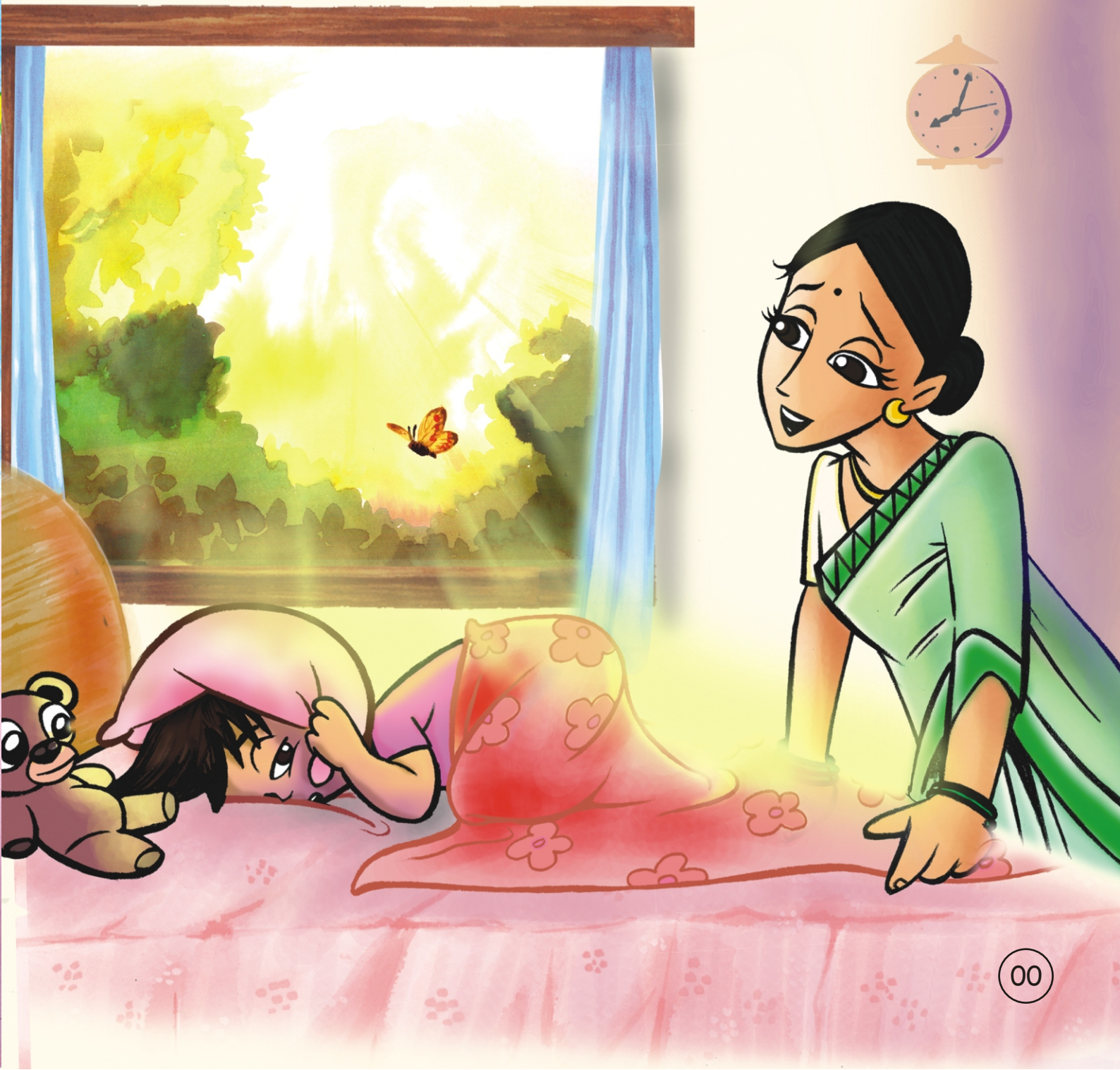
Tick, tock, tick, tock,  
Sings the happy, happy clock!



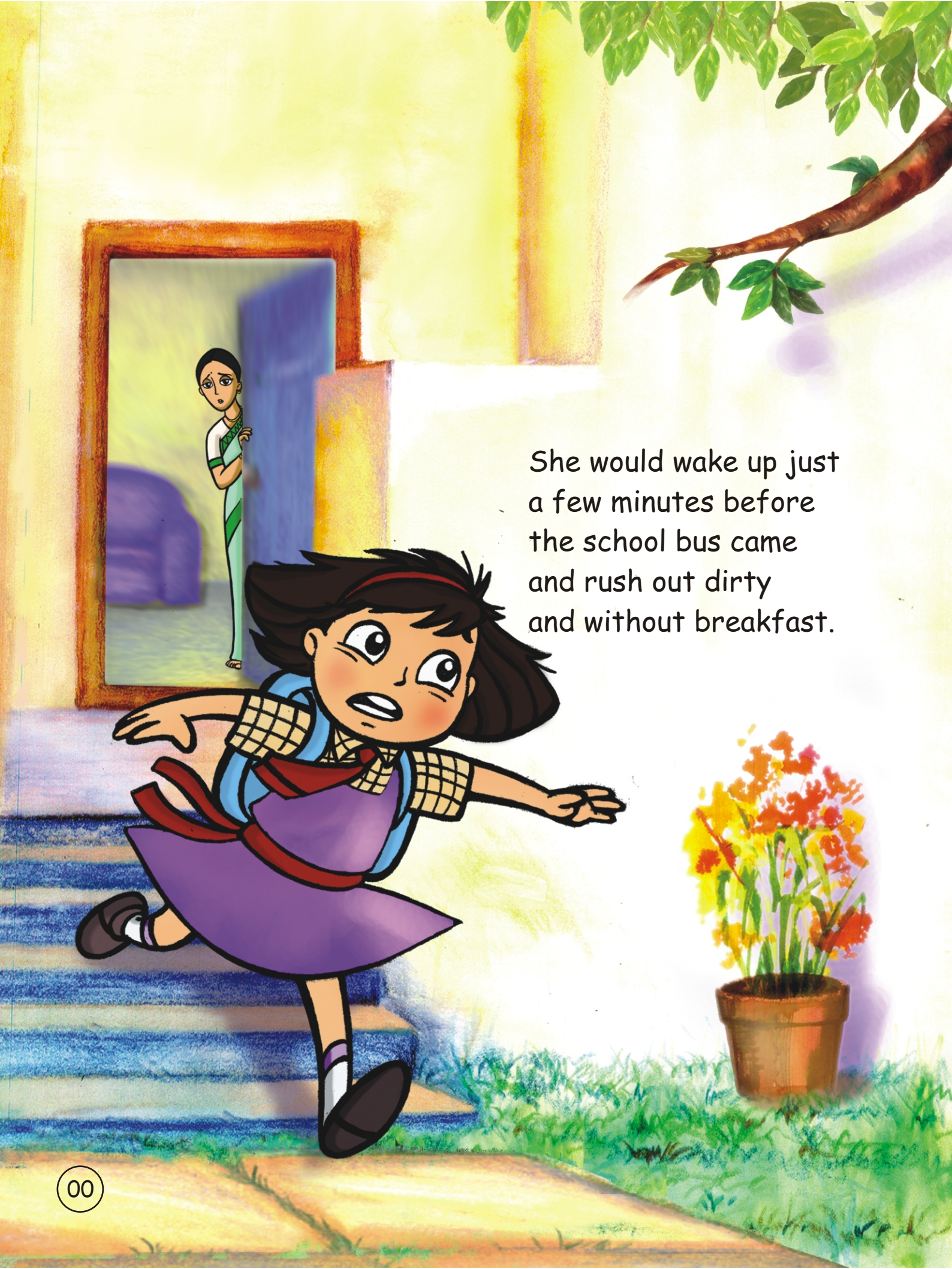


## Asha Learns To Get Up Early And Say Her Prayers

There was a little girl called Asha.  
She was a very lazy girl and would never get up early.  
Everyday, her mother would wake her up early and ask her  
to say her prayers, but Asha did not care.





A colorful illustration of a young girl with dark hair, wearing a purple dress over a blue and white checkered shirt, running down a set of blue stairs. She has a worried expression. In the background, a woman in a green and white sari stands in a doorway, watching her. To the right, there is a potted plant with yellow and orange flowers. The scene is set against a light yellow wall with a tree branch visible in the top right corner.

She would wake up just  
a few minutes before  
the school bus came  
and rush out dirty  
and without breakfast.



In school she would be sleepy and grumpy.





A cuckoo saw this and decided to help.





One day the cuckoo came and  
sang a sweet song outside her window.  
Asha woke up.

At first she covered her face, hoping the cuckoo would go.  
The cuckoo just went on singing and so Asha quietly woke up.





She saw that it was beautiful all over, and quiet.





Asha said her morning prayers.

The sun let its golden rays in and the day slowly dawned.

There was plenty of time to have a bath,  
eat her breakfast, study and even play.

The morning went well.

As she had said her prayers she felt very good.

When her bus came Asha was very happy.

The day went well and Asha knew it was because she  
got up early and said her prayers.

Since that day Asha gets up early and says  
her morning prayers.

