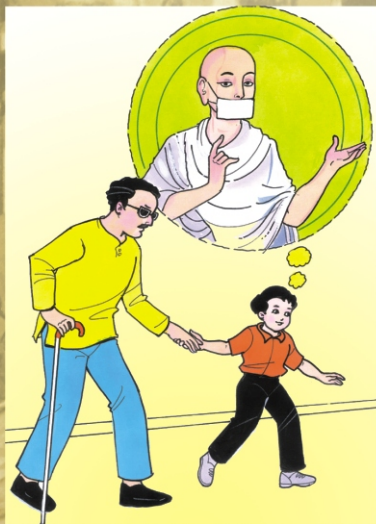




Jain sādhus and sādhis are our spiritual teachers.

They teach us about religion and how we can be more religious and be spiritual in our life.



They also teach us how we can be useful to others and live happily together.



Teacher: Payal, have you seen sādhus or sādhis?

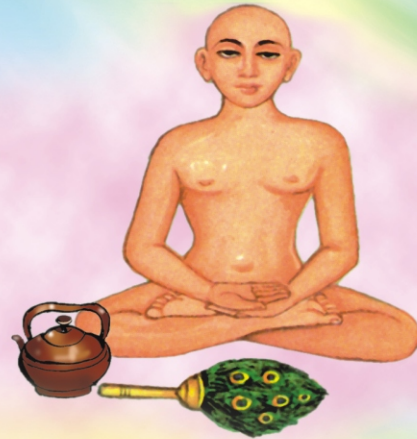
Payal: Yes I have seen them because we go for their darshan in upāshraya with my parents.



Shila: I have seen them coming to our house. Can you tell us more about our spiritual teachers?



Teacher: Yes. The spiritual teachers are our sādhus and sādhis. You all may have seen them in different places.



They stay in an Upāshray. They stay alone and not with us. This way they are different from us.



Some of the special things about them are:

1. They speak only truth and do not lie about anything.
2. They consider all as equal. For them no one is special.
3. They only take things, which are given to them.
4. They control their desires, and do not want anything beyond their requirements.





5. For them all people are special. They feel the same love for everyone who comes to them.
6. They keep only things, that are needed for daily use.
7. They do not wear shoes. They walk bare feet and watch where they put their feet to be sure no insect is hurt.
8. They accept only the right food for their need.

