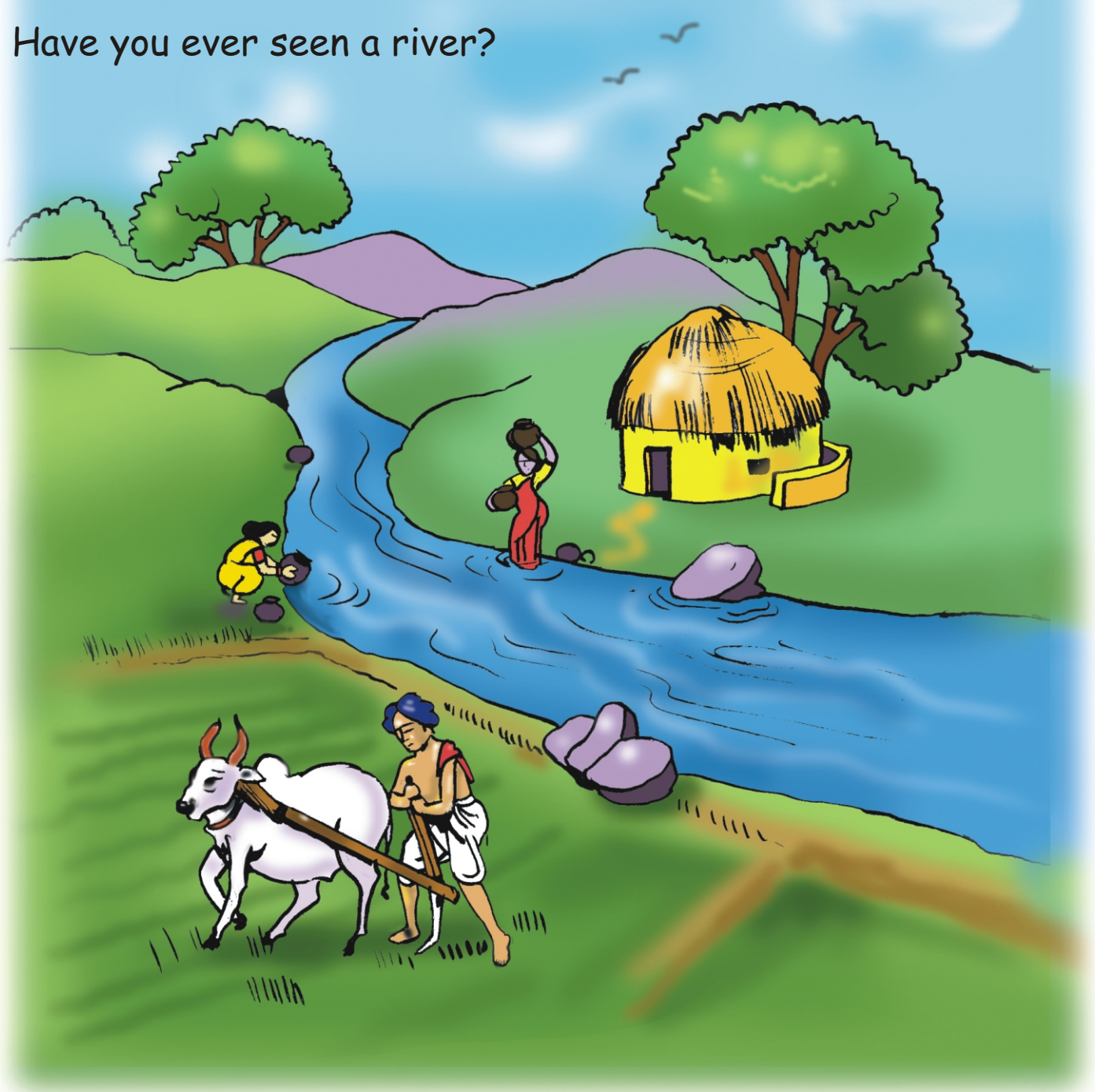


Have you ever seen a river?



It flows between borders.

It does not flow on to the sides of the riverbanks.

It flows where it is supposed to.

It behaves very well.

Sometimes after it rains a lot there are floods.
Then the river overflows onto the riverbanks.
It drowns villages and fields near it.
The river misbehaves.

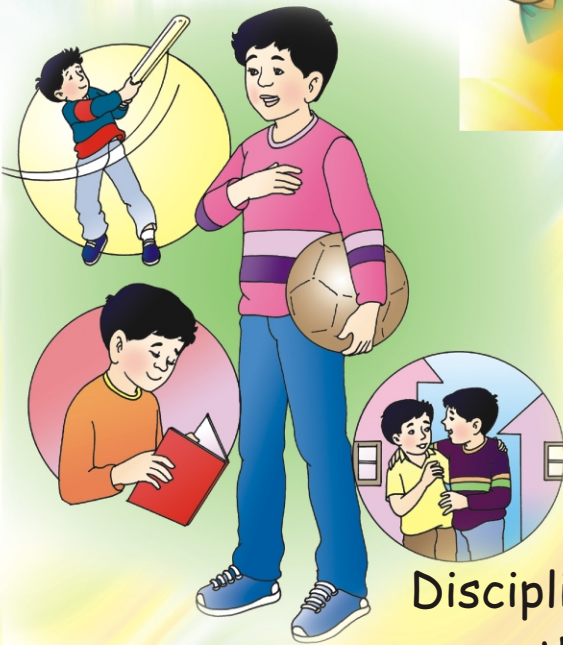


Then there are lots of problems.
When the river flows straight it flows
in a disciplined way.
When the river overflows on to the
riverbanks it is undisciplined.

When we behave correctly we are disciplined.



When we behave in a wrong way we are undisciplined.



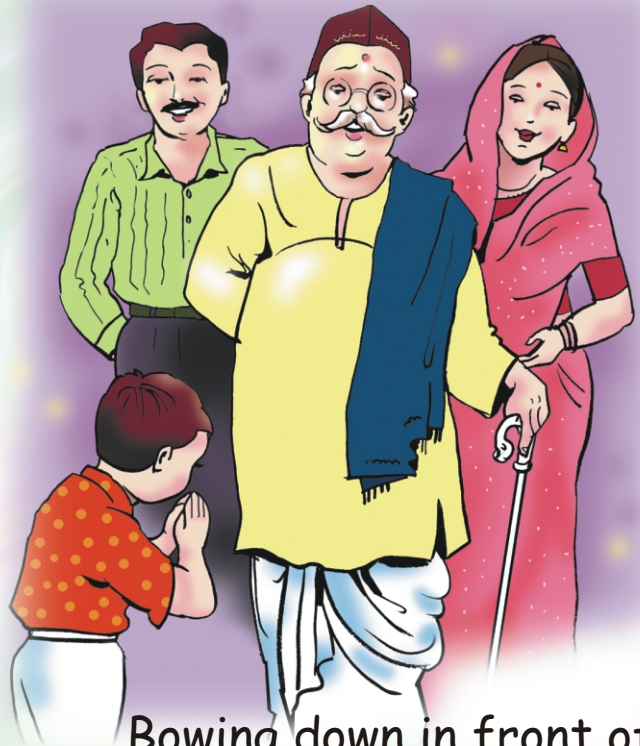
Discipline means that you have to do everything at the correct time, in a correct way.

You have to follow rules so that you can do all that you want to do in a day.

Some examples of Discipline can be taken from our daily lives.
These are:



Waking up early and
also sleeping early.



Bowing down in front of
our elders.



Praying every morning,
night and before meals.

Studying and doing our
homework at the correct time.

Playing at the correct time.

Putting away our books and toys
in the right places.



Being polite with everybody.

Discipline Is A Very Big Word

Ravi learned a new word in Jain school today
It was quite difficult to say.

So he went to his mother
and asked very nicely

"Discipline is the biggest
word that I have ever
heard!

What a long word, what
does it mean?"



His mother smiled and said very gently,
"Well my son it means doing things
correctly!"

Ravi thought for a while and asked so politely
"What do we have to do correctly?"



"Well," she said, "there are a few things you can do
correctly even if you are small."

"Play when you are supposed to,
Study when you are supposed to,
Eat when you are supposed to.



Wake up early, sleep early,

Putting away your things
properly...



...are just some of the
things you can do!



Doing the right thing at the right
time, that my child is discipline!"

Ravi thought for a while and said,
"Now I know about Discipline!"



It is very big word and a good one too,
It is important for me and you
To have DISCIPLINE!"

Ravi went on with a smile on his face,
"I am glad to do the correct thing
In the correct way ...



... I shall be more disciplined
Each and every day!"