

We must be careful of
everything that we say or do.



A child with good habits
is much happier.
Everybody likes a happy
and well-behaved child.



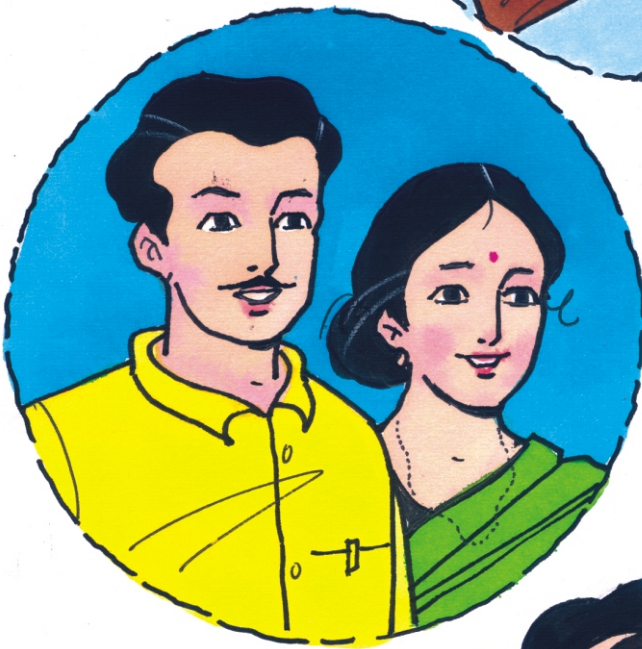
If you have good habits you will
have more friends,
even your elders will like you more.



Some of our good habits:



We get up early.
We recite the Navkär mantra daily.
We say our morning prayer.



We respect our
parents, teachers,
and elders.

We go to the Upāshray and temple daily.



We go for the darshan of sādhus (monks) and sādhis (nuns).



We respect sādhus (monks) and sādhis (nuns).

We learn from
sādhus and
sādhvis.



We put what we have learned into
practice in our daily lives.