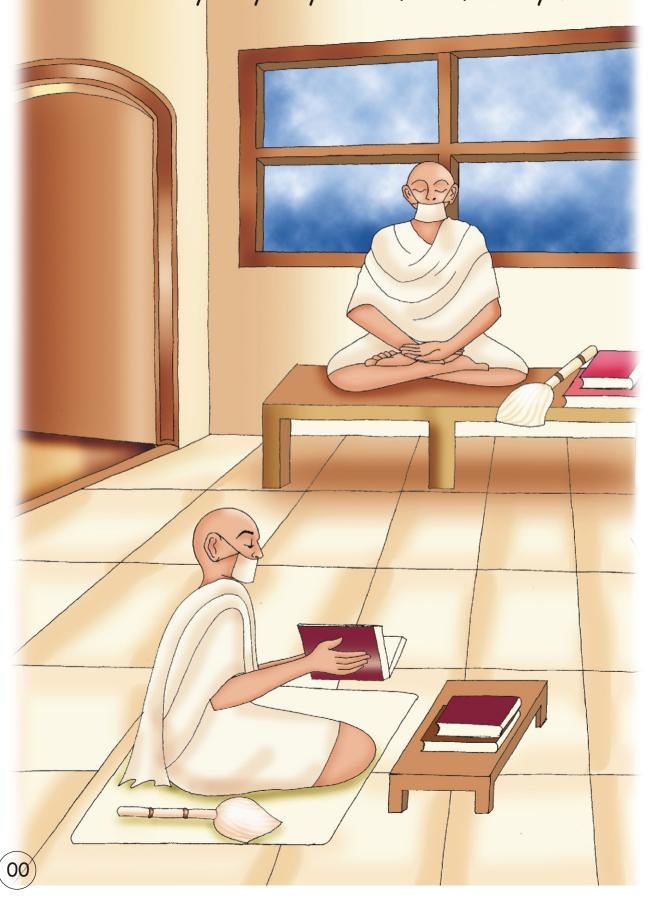
The Upäshray is place of worship. Here people come for religious study, ceremonies, and other religious activities.

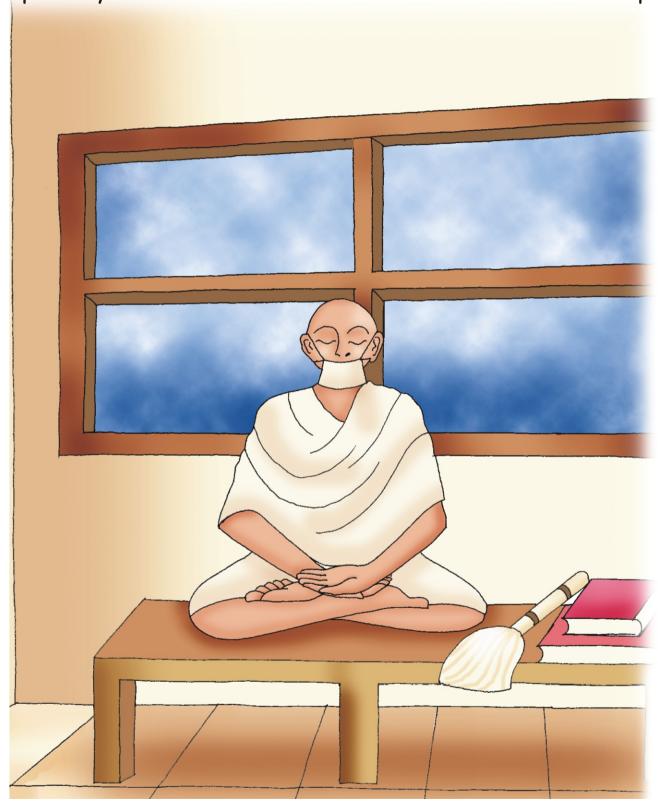


It is a simple large hall with lots of windows and a few other rooms. Upäshray is also called Sthänak.

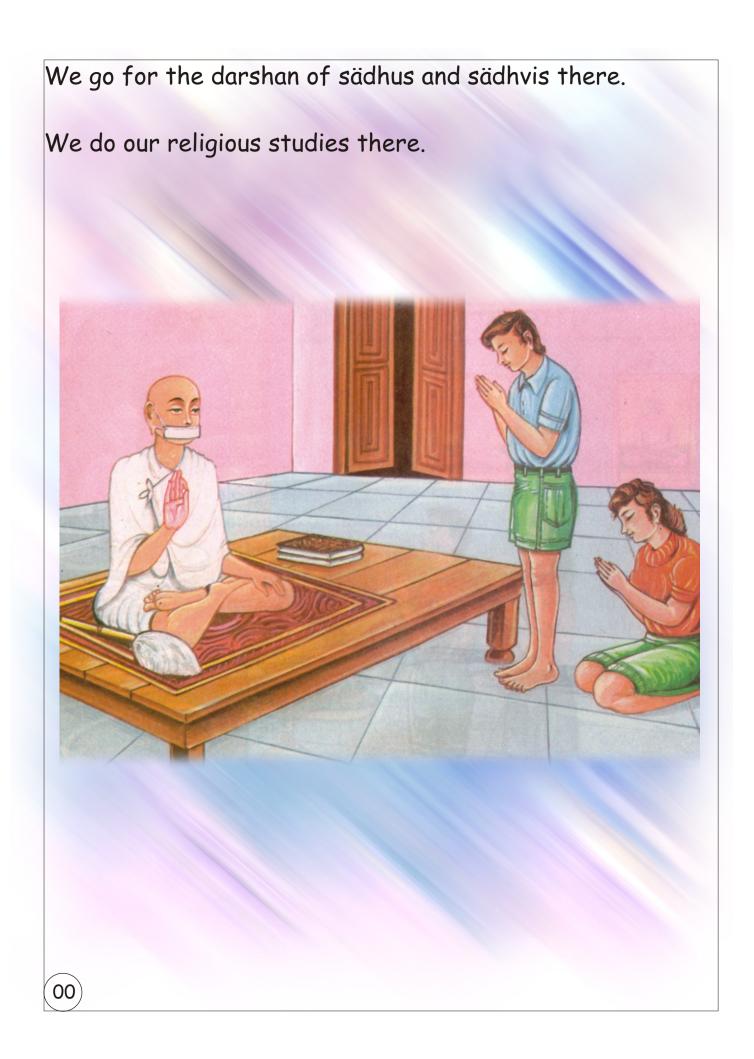
Whenever sädhus (male monks) and sädhvis (female nuns) visit a town or city they stay there for a few days.



In the rainy season they stay there for four months. The Upäshray has cots where sädhus and sädhvis sit and sleep.



The Upäshray has a library. There are no statues in the Upäshray.





We recite the rosary (mala) there.

We listen to the sädhu's sermon or discourse there.

