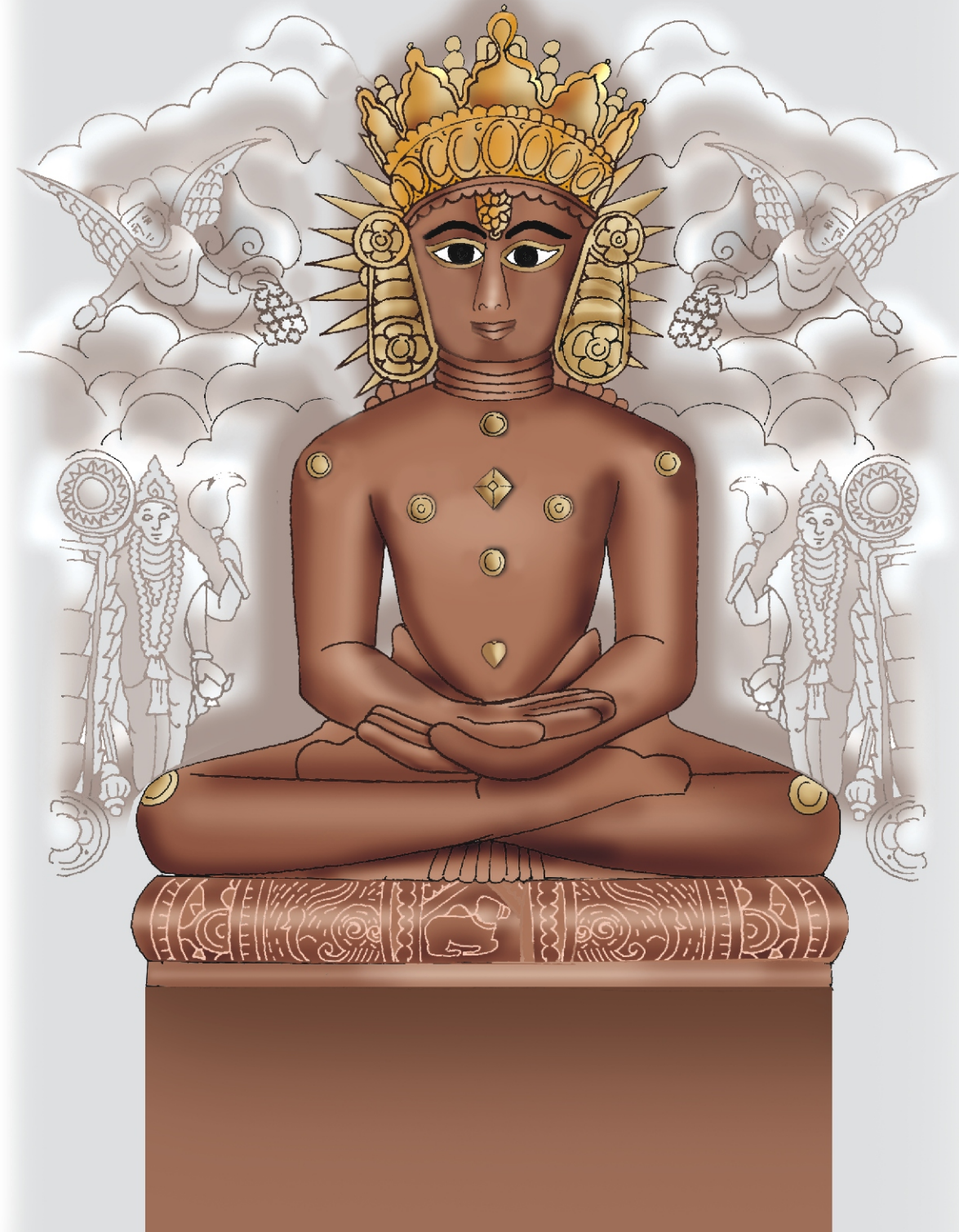


The first Tirthankar was Bhagwän Rushabhdev.
Bhagwän Mahävir was the last Tirthankar.



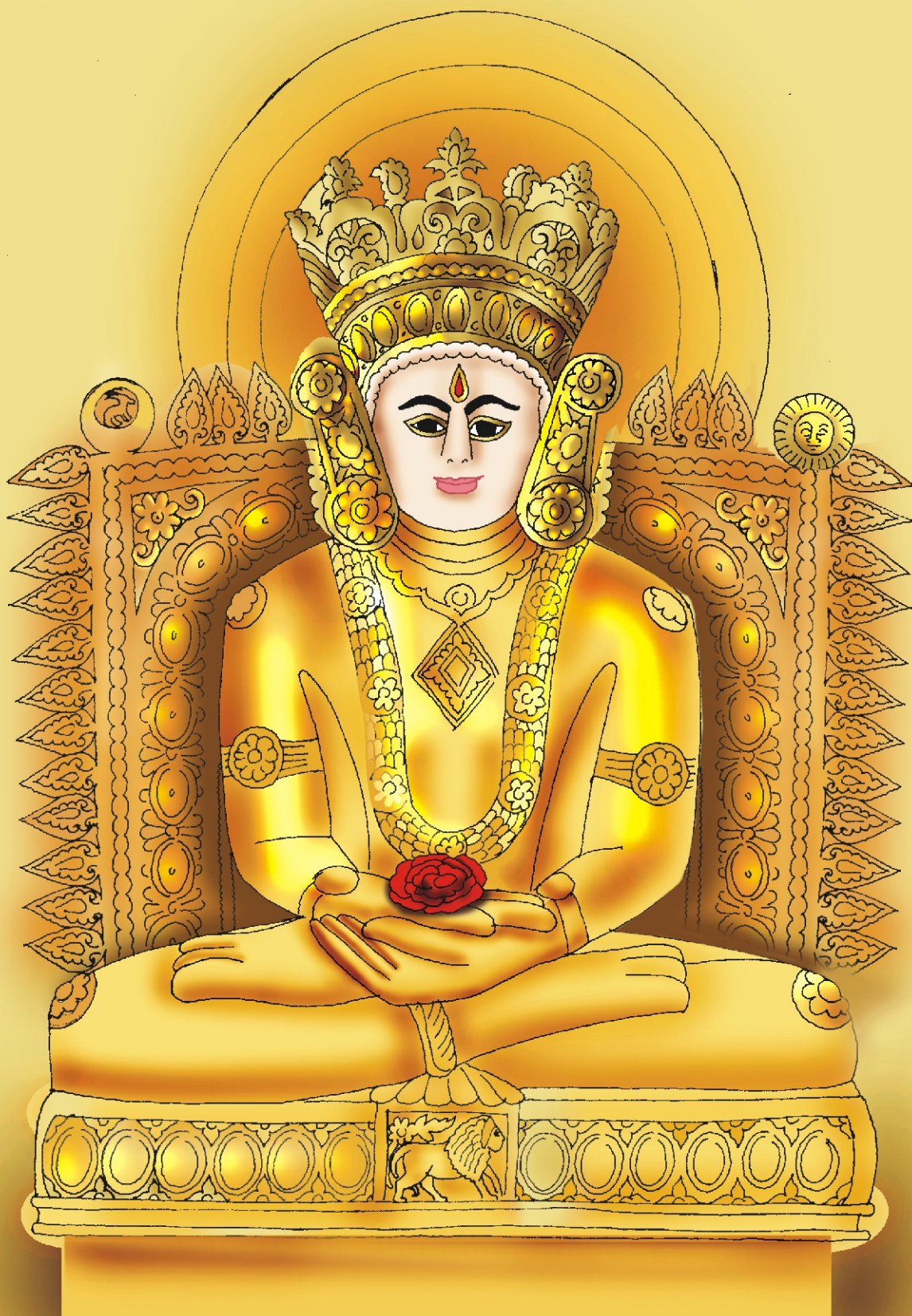
You have already learned so many things about our religion.
Today we are going to learn who taught us our religion.
Jainism is our religion.
We are Jains.

Jainism was taught by Tirthankars.
They are also called Jinas.
There were 24 Tirthankars in our time cycle.



First Tirthankara was Bhagwan Rushabhdev.

Bhagwän Mahävir was the last Tirthankar.





Jainism teaches us
to say our prayers
in the morning...



...and again in the evening.

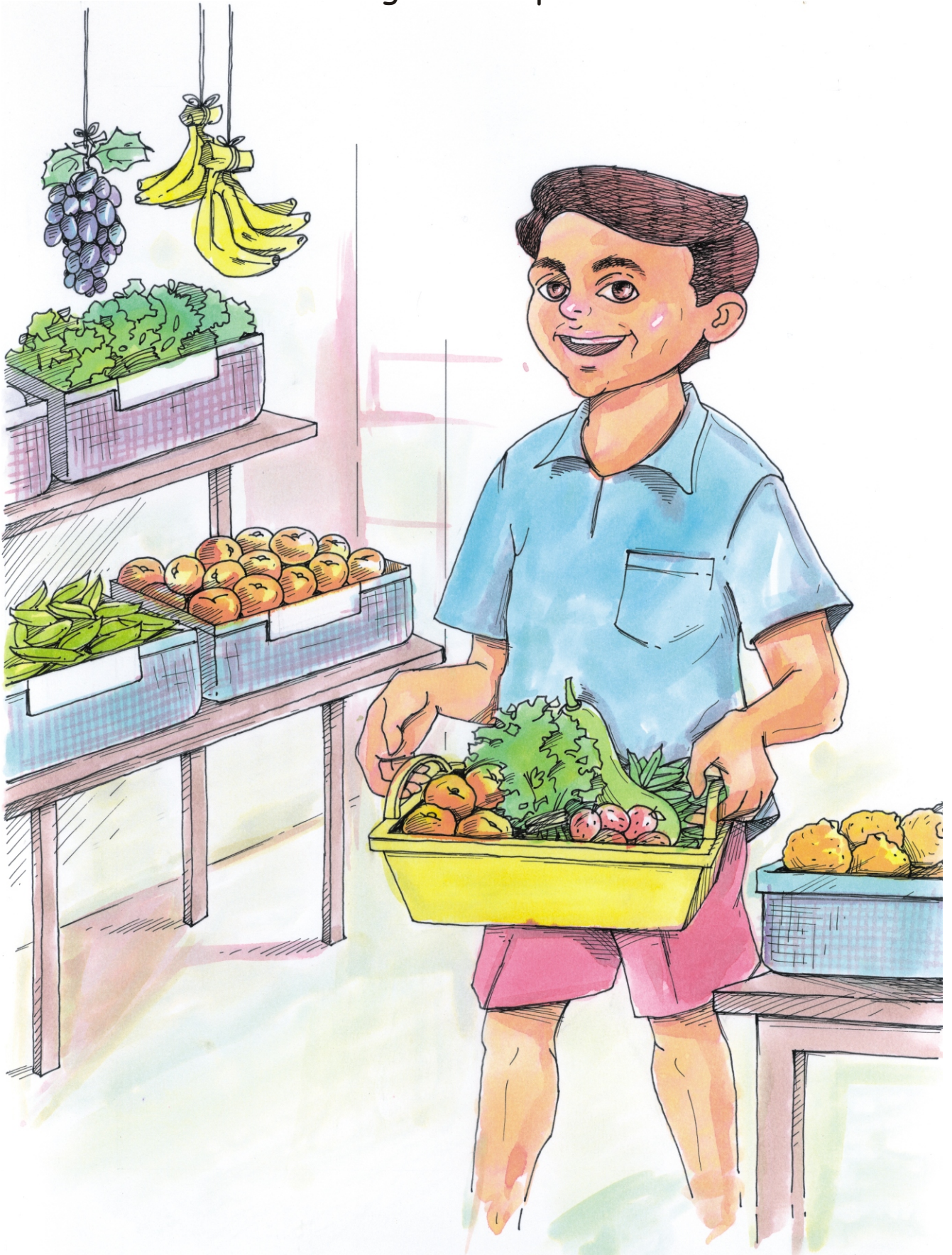
Jainism teaches us to wake up early in the morning and go to bed early.



Jainism teaches us to be everybody's friend.
Jainism teaches us to love all creatures in the world.



Jainism teaches us to be vegetarian that means we eat the food that comes from vegetables/plants.



Jainism teaches us not to eat eggs, chicken, poultry, fish, seafood, and meat.
This means we do not eat any non-vegetarian food.

