

00 Meet my family. These are my father and mother.



I say "Jai Jinendra" to my parents, brothers, and sisters everyday in the morning to show my respect.



We say our prayers to Bhagwān Mahāvīr.





Whenever we can we go to the temple or upäshray/sthänak.





We like to pray everyday and as many times in a day as we can.



There are so many things that we do together.



We are kind to all living beings - like animals, birds and plants.  
We never ever hurt them. We do not hurt or kill them.



We are Jains so we eat only vegetarian food.  
My parents buy only vegetarian food.

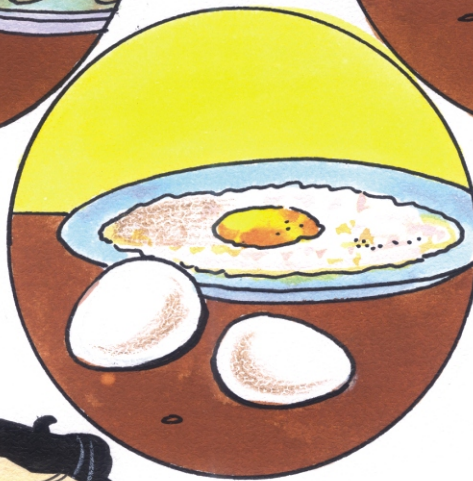
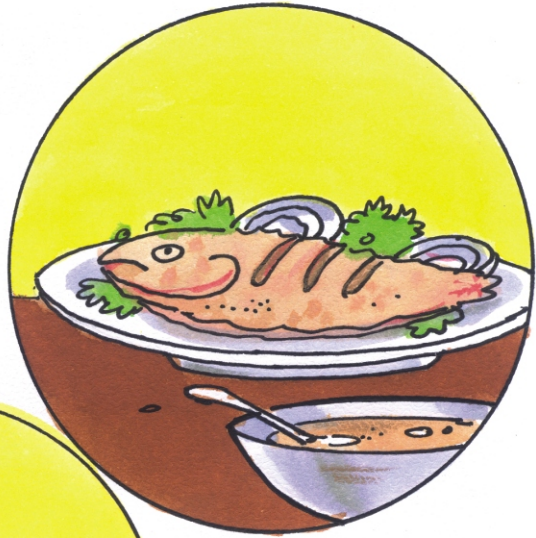
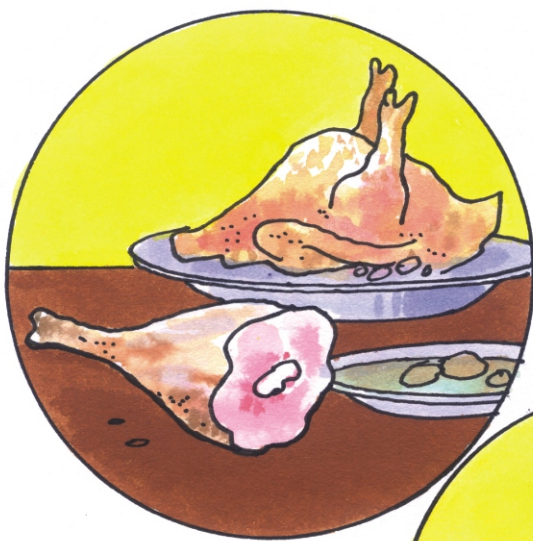


We do not use animal products in our food,  
clothes or in anything else.



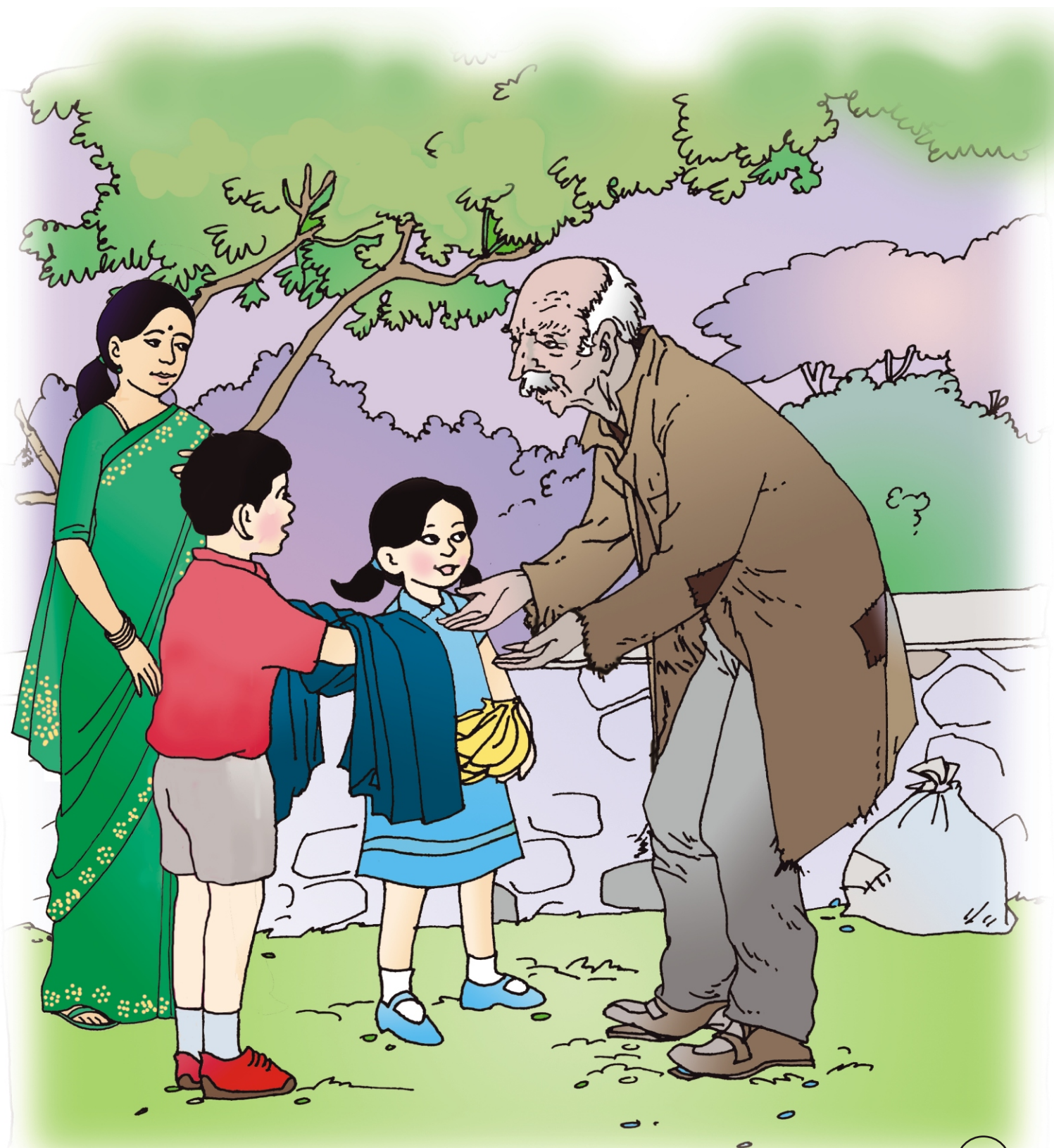


We do not eat animal meat, fish (seafood), chicken (poultry), eggs, or anything that hurts or kills animals.



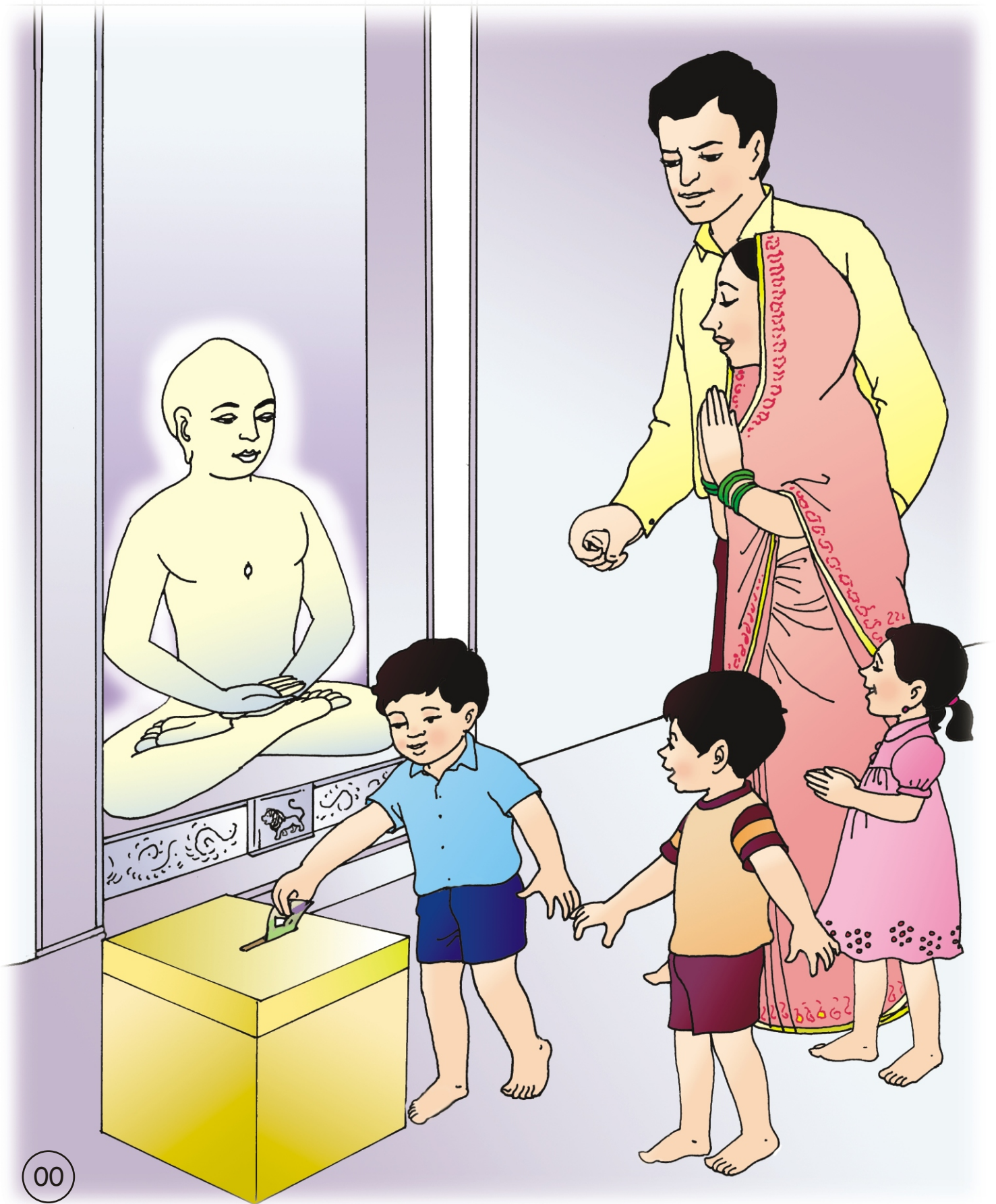


My parents give money, clothes and food  
to the people who are poor.





When we go to the temple we put in money inside the box over there.



We recite Navkär mantra everyday before going to bed.

