

My grandma is doing the Samayik.

She is sitting on an asan - a small woollen or cloth mat.

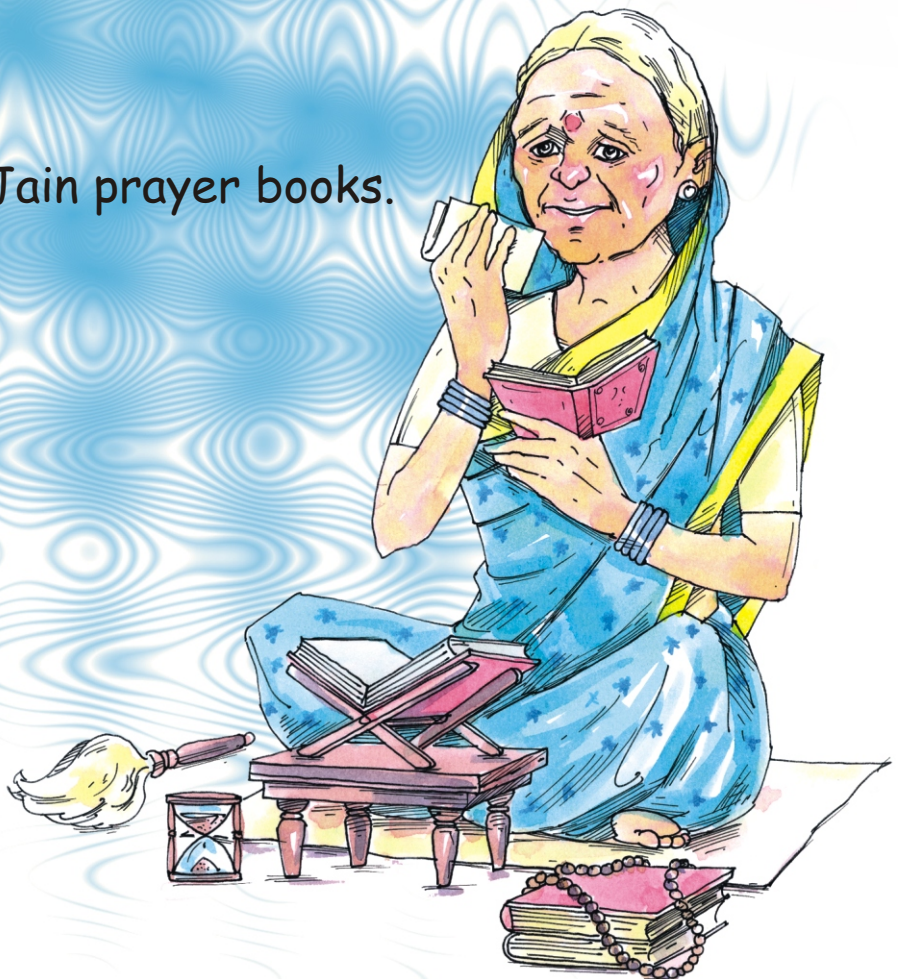
She has a Rajoharan - a woollen or cloth duster or broom.

I saw her clean the place with her Rajoharan, so that there are no insects there.

She does not want to hurt any insect while sitting there.

She has a rosary.

She has her special Jain prayer books.



I can see her silently sitting and saying her prayers.

She will sit for 48 minutes in Samayik.

She will not talk to anybody.



She will not even think of cooking.

She will not even talk to my mother or me.

My grandma is doing the Samayik,

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My Grandmother Is Doing The Samayik



I can see her from here,
I run to her sitting there,
And I call her loudly,
I even try to talk to her nicely.
But why is she not talking to me?



My mother said,
"Please let her be.
She cannot talk to you,
While she is doing the Samayik,

About household things she
should not think.
Because when you are doing the
Samayik you are meditating."

So I quietly wait for her to finish.
Then I will talk to her.
While she is doing the Samayik
I will not disturb her.

