

The Navkar Mantra

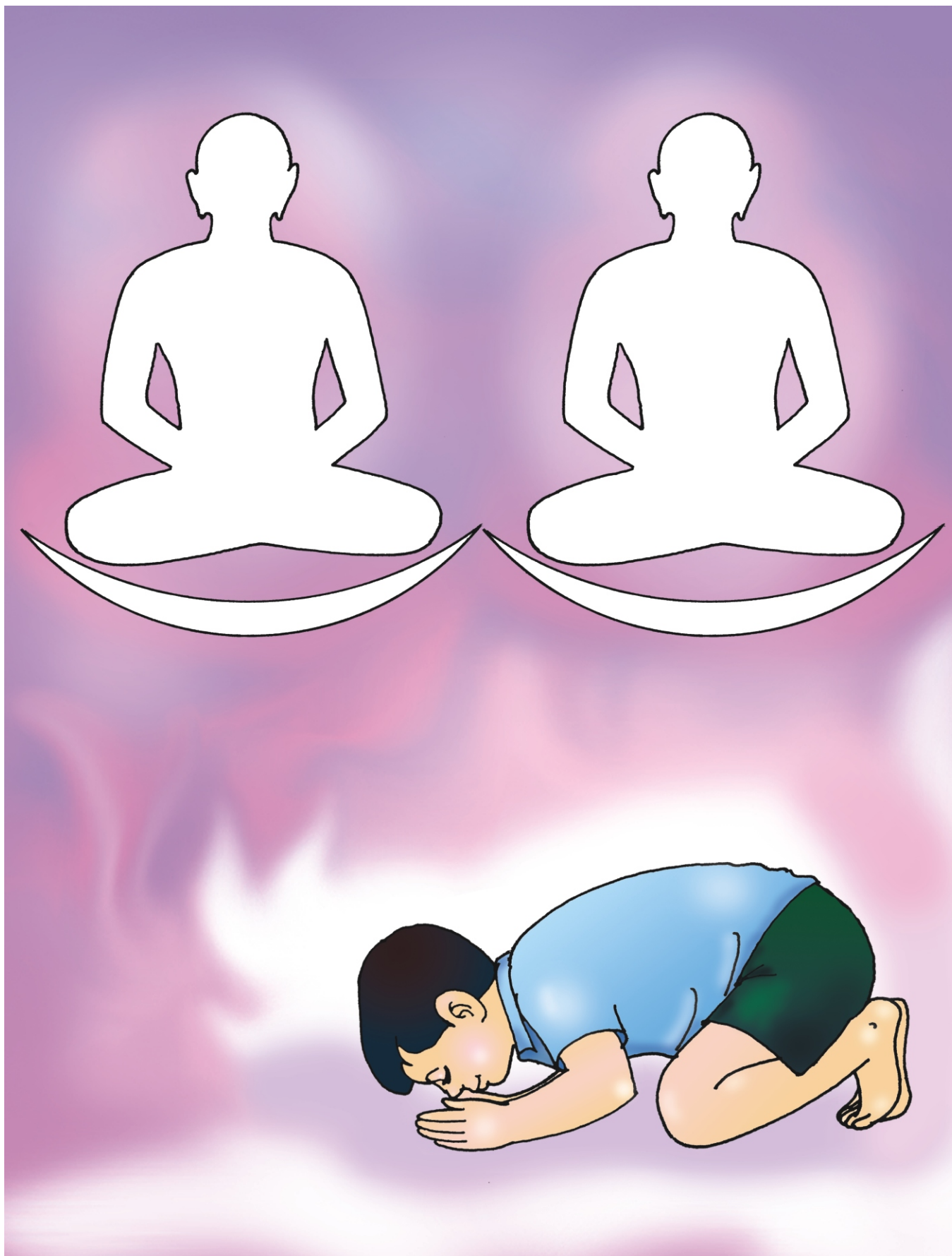


Namo Arihantanam
 Namō Siddhanam
 Namō Ayariyanam
 Namō Uvajjhayanam
 Namō Loe Savva Sahunam

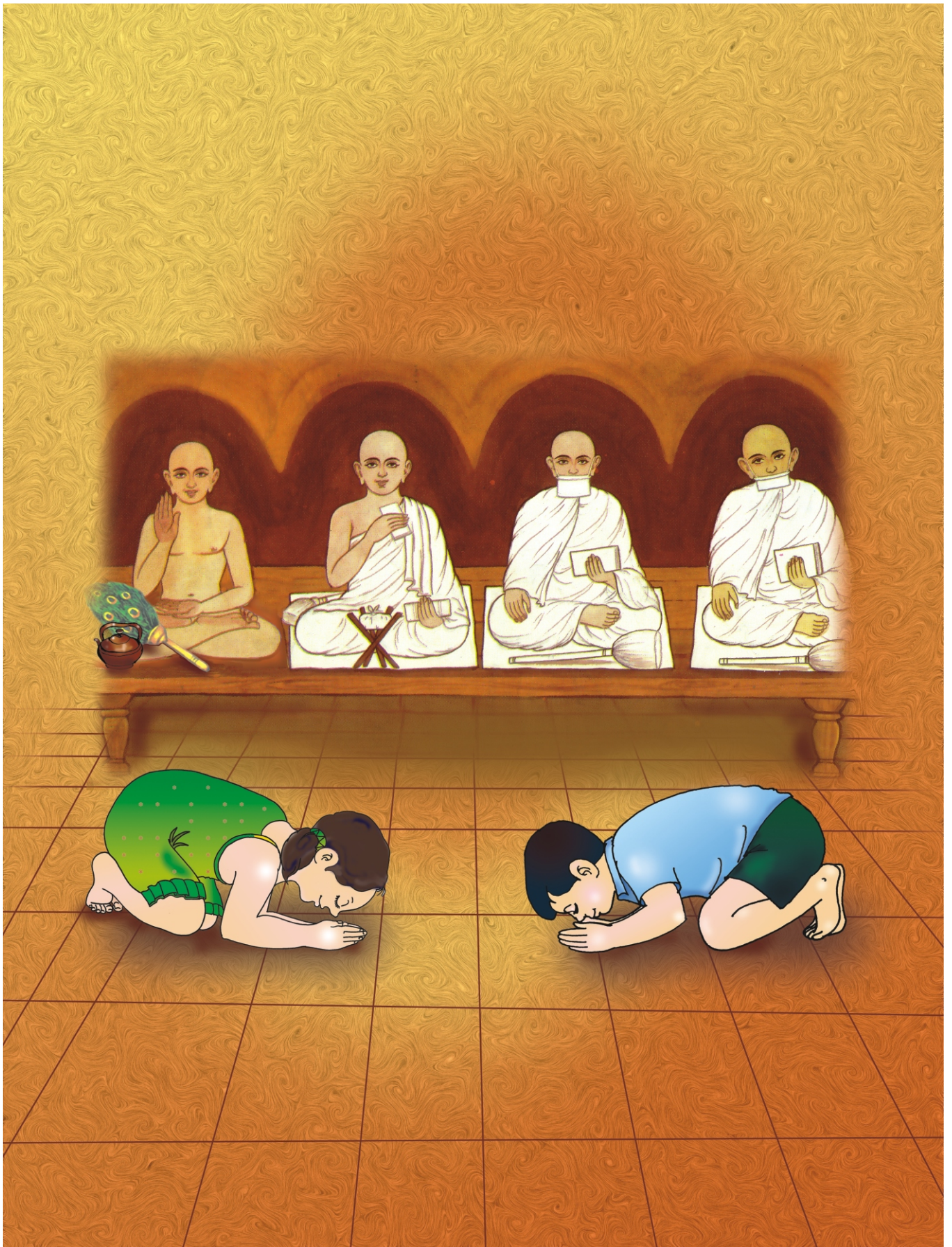
Eso Panch Namokkaro
 Savva Pavvappanasano
 Mangalanancha Savvesim
 Padhamam Havei Mangalam



I bow down to my Arihant Bhagwan



I bow down to my Siddha Bhagwan



I bow down to my Guru Acharya



I bow down to my Guru Upadhyay,



I bow down to my Guru Sadhus and Sadhvis.

These are the five bow downs.
They will wipe out my sins.
This prayer is the most auspicious
Reciting the Navkar Mantra brings
about good things, peace and
happiness.



I Will Say The Navkar Mantra Everyday

In the morning I will pray,
I'll say the Navkar Mantra everyday.
It makes me happy, if I pray,
I will say the Navkar Mantra everyday.